

January/February
2016



CITIZENSHIP

“Be The Change You Want to See in the
World.”

— Mahatma Gandhi

Key Message

Encourage students to do what is right for their school and community by being an upstander and a good citizen. Citizenship is about being an informed, responsible, and caring participant in your school and community. It means doing what is right to make your school and community better.

Safe ways to be an upstander:

- Tell a trusted adult
- Be a friend
- Don't give bullying an audience
- Set a good example

Ways to Develop Character at Home

- Ask your child how they might help and be an upstander. (see above options)
- Discuss the quote above and how it relates to your family.
- Share a time that you were an upstander with your child. How did it make you feel? How did it make others feel?

Suggested Reading:

Heartprints by P.K. Hallinan
All in a Day by Mitsumasa Anno
Being a Good Citizen by Mary Small
Nobody Knew What to Do: A Story About Bullying by Becky McCain
One Voice by Cindy McKinley
Those Shoes by Maribeth Boelts